

Safer Sleep Policy

Sleep will be offered to all children in little squirrels. There will be no sleeping facilities once a child moves up to preschool.

All children will be assessed the term before they turn 3 to see if Owls preschool will better meet their learning needs however if a child is still needing to nap this will be taken into account when considering if they are ready to move up.

All sleeping children must never be left unattended and will always be in sight and hearing of a practitioner and must be checked every 10 minutes with a hand on their chest to ensure they are breathing and to check children are a comfortable temperature.

Children should be laid flat on their back (specifically under 2s) but if they roll they can be left as long as they are safe. All sleep mats must be lay on the floor with a distance so a practitioner can walk along side them to check on all children asleep.

All children must sleep on a regulation thickness sleep mat which must be wiped down with antibacterial spray after each use. Sleep mats must be covered with a fitted sheet which will be washed regularly.

All sleeping mats must be stored off the floor in over head storage to ensure hygiene and reduce damage.

All naps will be logged via the diary on Ovivio.

If a child falls asleep in preschool all the same safety precautions will apply i.e. they must be placed on a regulation thickness sleep mat sleep mat and will need to remain accompanied by an adult and monitored every 10 minutes. Preschool parents will be informed by text if their child falls asleep.

If a child falls asleep on a practitioner's knee or in their arms they must be transferred to a mat as soon as possible to ensure a safe sleeping position.

All children who were born at a low birth weight or premature must adhere to safer sleep for under 1s until they have reached their predicted due date as opposed to actual birth date. This information to be gathered via the contract prior to starting.